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Leading Resilient Teams

▶ 3 HOUR INTERACTIVE WORKSHOP



Harnessing Team Resilience at Work



Leading Resilient Teams

Adopting a proactive approach to leading teams to sustainable resilience has never been more vital, given the challenging times faced. How resilient is your team? How resilient are you as a leader? How can you harness the contributions and potential of your team going forward in order that you achieve:

- Optimised team work
- Change adaptability
- Engagement & Wellbeing
- Sustained performance



Harnessing Your Team's Resilience for Sustained Performance

Understand

- Team Resilience
- The systemic benefits of resilience in teams
- Resilient Leadership

Explore

- Defining teams & resilience
- Leading team resilience
- Resilience Model & key components

Practice & Plan

- Engage & experiment with actions to take
- Plan for sustained performance

Workshop Format



“Resilience is based on compassion for ourselves as well as compassion for others” S Salzberg

For further details please contact: anne@taylorclarke.co.uk

Or to book: please visit our website www.taylorclarke.co.uk

